



a kit for  
mending  
thoughts

with  
Oliver Leicht and  
Frank Wingold

# Listening Manual



## Preparation

1. Retreat into the room, you feel most comfortable in
3. a) If it's cold outside:  
Make yourself a hot tea  
b) If it's warm outside:  
Refresh yourself with a cold beverage
4. a) Use the best audio equipment available  
b) Use good headphones



## Listening

1. Take your time
2. Close your eyes and let the music sink in
3. Listen to every song at least twice
4. Take the day off and listen to every song again
5. Let it grow on you
6. Hear yourself think



## In time

1. Tell your friends



- 01 Shir** E. Ankri
- 02 We sail away** E. Alony
- 03 Happy** E. Alony
- 04 Ani** E. Alony
- 05 I had a king** J. Mitchell
- 06 Another day is done** E. Alony
- 07 Introduction to** O. Leicht
- 08 If I should lose you** L. Robin, R. Rainger
- 09 Lonely Woman** M. Guryan, O. Coleman
- 10 Rise** E. Alony, O. Leicht
- 11 O do not love too long** W.B. Yeats, E. Alony
- 12 Afterword** F. Wingold

## Shir

E. Ankrí

### We sail away

E. Alony

I'm walking through a corridor of laughter.  
A murmur of a child at play, a plane that flies so high. A storm  
of colors is whirled inside. It dances – my heart's so light. Like in  
old films of black and white – it's all simple, there's no wrong,  
it's only right – my crave for loveliness. I'm walking through  
your corridor of snowflakes. It's white now. We sail away  
on a boat full of surprise. Trapped in joy, we swim  
through pale blue, as flying fish dance in mid-air,  
sway ON clouds murmuring love songs – yours  
is the loveliest!





## Happy

E. Alony

ביום שמתחיל כמו חלום  
בשיר שרוקד מבפנים  
מתערבל  
עם מילים  
מתבלבל  
עם צלילים  
געגוע שרוחש בפנים  
לא מאיים  
הוא מספר

זכרון שר  
שורות מסיפור שסיימת  
מזמן  
נח על מדף ישן

יום שנבלע אל מילה  
הוא לוחש לי תפילה  
הוא גועש לו אל שיר  
בנינים עצומות הוא פה  
שיר נכתב  
מעצמו

E. Alony

Ani Ani I am my own warden.  
 עם שעות חצי with made-up times  
 ושעות בקור for out-of-cell walks  
 עם דלת The iron door  
 חתומה locked  
 מאחורי behind me

[illegible]

The mazes within  
the winding paths  
and dead-end roads  
no entrance sign  
in the house-of-mirrors  
of an amusement park  
the mages-awry  
beautified

A longtime  
for the lingers  
from the house of shapes  
untill inside

LET ME S0402

LET ME SOAR!



# **I had a King**

J. Mitchell



### Another day is done E. Alony

You lie there, awake, misgivings, mistakes.

The secrets of your day unfolding their tale. You toss  
now, you turn, uneasiness burns. Just when the day is done,  
it strikes you, how far you've gone.

How the reasons you rendered seem vague now, repenting – to what  
end? So unravel your riddles and rise – another day is done.

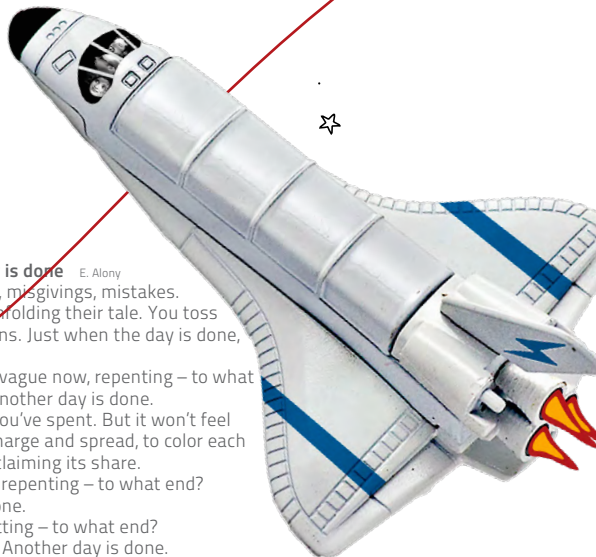
New day breaks. The scent of long nights you've spent. But it won't feel  
the same, this numbness – it dares to take charge and spread, to color each  
thread of what you used to think was love – reclaiming its share.

How the reasons you rendered seem vague now, repenting – to what end?

So unravel your riddles and rise – another day is done.

How temptation and lust – they deceived you, regretting – to what end?

So unravel your riddles and rise. Another day is done. Another day is done.

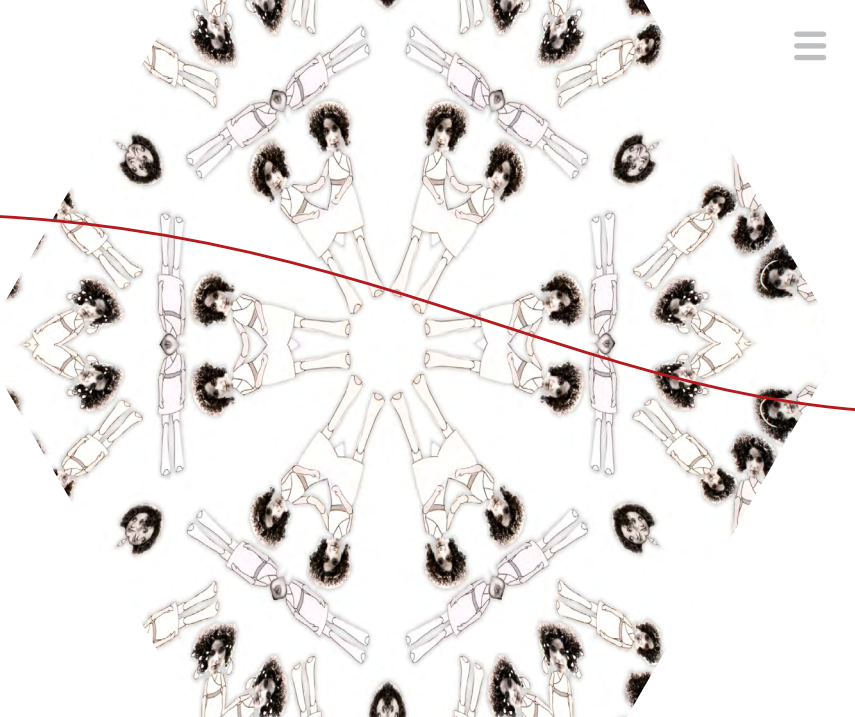






## **If I Should Loose you**

L. Robin, R. Rainger



## Lonely Woman

M. Guryan, O. Coleman

you're turning the page / Hope – your  
 beautiful bride. / You hum as she dances /  
 she'll color your dreams / white / rainbows  
 of light. // She murmurs a promise /  
 her glow will convey – joy. / she'll  
 lull you to sleep // /  
 her warmth / is gone / her caress /  
 Alone / disarmed / you will dive  
 / into wild seas – their waves high  
 as trees. // Her eyes guide you  
 through. // She comes from a far  
 As you're turning the page /  
 Hope – Your beautiful bride.

Rise  
 She comes from a far / as  
 E. Alony, O. Leicht





## O do not love too long

W.B. Yeats, E. Alony

Sweetheart do not love too long:  
I loved long and long,  
And grew to be out of fashion  
Like an old song.

All through the years of our youth  
Neither could have known  
Their own thoughts from the other's,  
We were so much at one.

But O, in a minute she changed –  
O do not love too long,  
Or you will grow out of fashion  
Like an old song.

## Afterword

F. Wingold



**Frank Wingold**  
guitars



**Oliver Leicht**  
clarinets, electronics



**Efrat Alony**  
vocals, keys, electronics, toys

guest **Julian Sartorius**  
drums, percussion, calimba  
(on track #3, #4, #8)

## **A kit for mending thoughts**

is a co-production with kulturradio of the  
RBB Radio Berlin-Brandenburg

Produced by: Efrat Alony and Oliver Leicht  
executive producer for the RBB:

Ulf Drechsel

recorded, edited and mixed between  
July and December 2011, at the RBB Radio  
Berlin-Brandenburg studios, Berlin  
recording supervisor at the RBB:

Maria Suschke

recording Engineer at the RBB:

Ekkehard Stoffregen

recording and editing engineer at the RBB:

Nikolaus Löwe

assistant engineer at the RBB:

Anne-Kristin Sölter

additional mixing and mastering at  
Red-Couch-Studio, by David Sasowski

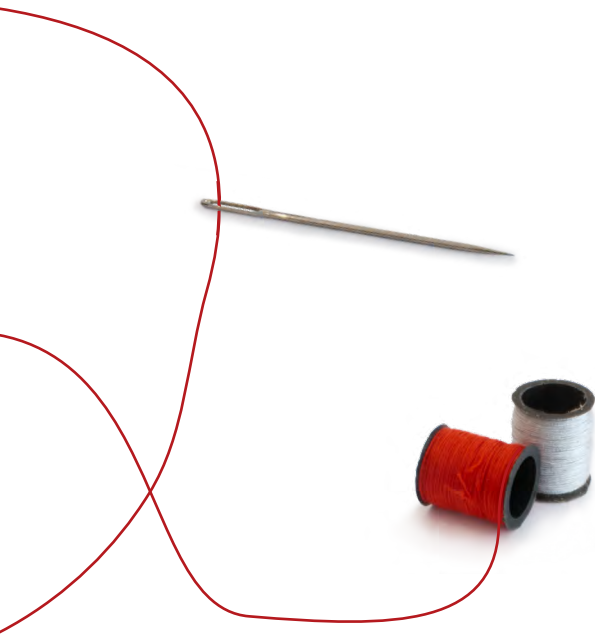
artwork by Frank Hellenkamp

[www.depage.net](http://www.depage.net)

Efrat Alony uses Neumann Microphones

Efrat would like to thank Ulf Drechsel for the kindhearted support throughout the years, to Maria Suschke, Niko Löwe and Anne-Kristin Sölter for your dedication, to Daniel Büttner for your help getting the electro-craze going, to David Sasowski for the magic, to Werner Aldinger for the trust and to Marion Hölczi for your friendship.

A very special thank you to Frank Wingold and Julian Sartorius for the music, to Mark Reinke for the stunning keyboard sound-design, to Frank Hellenkamp for the wonderful artwork and the love for details and most of all – to Oliver Leicht – for the music, the inspiration and support through thick and thin.



[www.alony.de](http://www.alony.de)



[www.jazzrecords.com/enja](http://www.jazzrecords.com/enja)

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ENJ-9719 GEMA DDD LC 18386 DEAM81200108

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yellowbird  
**KULTURradio**<sup>rbb</sup>